

DIY SAFE Infant Feeding Sanitation Kit

When water is not safe to drink or to reduce germs on feeding items more than usual, you can use these components to make water safe to drink and sanitize feeding items. See booklet (printed or linked on this webpage: ncbfc.org/safe) for details & instructions.



- **A small plastic bin** — 6 qt shoebox size works well
- **Bleach** — regular, additive-free, not splash-less.
NO fragrance, low/No-splash, or fabric protectant. Regular Clorox & teal green Cloralex are safe types.
- **Baby bottle brush with nipple cleaner**
- **(3 oz) disposable cups** (in a Ziploc bag)— to feed baby if can't clean bottles
- **Syringe** - 5 mL or 10 mL—for measuring bleach
- **Dish soap** - 6-12 oz size if storing in bin

Steps to Sanitary & Safe Infant Feeding Supplies in Emergency Situations:

Make water safe to drink —>	Clean & rinse —>	Sanitize —>	Air Dry
Filter if necessary. Boil or disinfect.	Use water that's safe to drink.	Boil or disinfect. Do NOT rinse.	Use a mesh bag or sanitary surface.

For more info & tips: safe@NCBFC.org ncbfc.org/safe ncbfc.org/safe-famililes



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